

Parish Council Report

Chris Flynn, Chair of Parish Council

Another 3 months has passed since my last report. Lots of events and activities have taken place since then. The Parish Ball and Carol singing raised funds of around £1200 for local good causes. This year it was split between our 3 local schools and the over 60's club. We held a pantomime, Aladdin, at the Caledon Centre in January. Many families came along and enjoyed a good afternoon's

entertainment. The Ultimate Beatles performed to a capacity crowd at the Caledon Centre's New Years Eve party with everyone having a great time. A Burn's night supper was held at the centre also in January with everyone saying "the best one yet".

Budget Set

The Parish council set its budget in February. Councillors recognise the fact that we are living in economically tough times and whilst indications show that we may be coming out of recession, we are conscious of the constraints put upon our residents in terms of rising fuel bills and living

expenses and also the fact that for many, wage increases have been frozen in line with 0% inflation figures. Also savers have taken a hit with lower interest rates. This is why I am pleased to tell you that the Labour run Parish Council's Precept has gone down slightly from last year. We have managed to achieve this without cutting the excellent services we provide for our community or the grants we are able to give to local groups. In fact we have agreed in our budget to make a one off payment of £4000 to the local Scouting Organisation to help them with >> 2



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The lakes on the 18th December 2009.
Photograph by Ken Peak.

much needed repairs to the roof on their meeting place in Chicken Lane. Significant grants are also included for the Citizens Advice Bureau and the London Colney Youth Project (The Base).

Accessibility

To help make the Pavilion in White Horse Lane more accessible to our disabled residents, a new toilet facility has now been built at the pavilion at Morris Way. New bus shelters are to be provided this year along Barnet road once the planned improvements along the High Street and Barnet road have been completed. These works are due to start in the summer holidays. Along with the road improvements, shrub beds are also to be planted along this stretch of road and the Parish Council hope to take over the maintenance of these in order to keep them up to a good standard, as we have the troughs further up the High Street,

Napsbury Park

The Napsbury Facilities are being well used. Not only do we have several

football teams playing there, we will have cricket for men, women and children, basketball, tennis, rugby, five a side on the MUGA and archery has also been mentioned. The pavilion is also being used for parties and for local groups to use for meetings.

Thanks

It is good to see the hours of daylight getting longer as spring approaches, but this all means more work for our groundsmen. Everything starts to grow like topsy, the grass, the shrubbery, the trees and the weeds! Grass cutting and pitch maintenance inevitably take up a lot of their time but I know how much it is appreciated that residents and users are always complimenting us on our well kept green areas. During the winter months the lads have been busy carrying out maintenance works on the play equipment, benches and the Caledon Centre as well as planning works for the coming spring. A big thanks to Leigh, Steve and Mike for all their hard work.

I would also like to thank our Office staff, Gill, Linda and Simon, based

at the Caledon Centre for all their help and support with the very full programme of activities we had leading up to and over the Christmas period.

Our Thursday Lunch Club has proved to be so successful we have now extended it to Tuesdays. I'd like to thank Parish councillors Gordon, Bowes, Crouch and Jones who work as volunteers at the lunch club, not forgetting the other volunteers who kindly give up their free time to come and help – we couldn't do it without you. If you would like to volunteer for a couple of hours at the lunch club on either a Tuesday or Thursday please ring the office on 821314.

Congratulations

Finally, congratulations to Labour's Maria Aguado who was elected to the Parish Council after a by-election in the northwest ward on 11th Feb. This was called following the sad loss of Parish Councillor Robin Cooper. I'm looking forward to Maria's input into the Parish Council.



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Four Heads

An Interview with Lisa Valla
Head Teacher of London Colney
Primary School



How long have you worked in the village?

This is my third year

Where did you work before?

I worked as a Deputy in Prae Wood School in St Albans and also as a Deputy in Hatfield.

Why did you choose London Colney as the place to be a Head Teacher.

As soon as I came for a tour of the school, before applying, I instantly fell in love with the school and in particular the children. I had looked around a few schools before but as soon as I walked into London Colney Primary, I knew that this was where I wanted to work. After that first day of looking around, I got back into my car, phoned a friend and told them that I was sure that I was sitting outside my next school. Embarrassingly, I did beg at the interview but it worked!

Can you tell us anything about the history of your school?

The school is celebrating its 70th birthday this year. We have already had a big birthday party on the anniversary of the day the school opened. We also raised money for Children in Need this year by setting

the hall up as an old fashioned cinema to watch 'The Wizard of Oz', as the film is also 70 this year. We have had many phone calls and cards with some fantastic memories from past teachers and pupils. We also have a Facebook page dedicated to the 70th celebrations, for all those interested in helping us celebrate this year. We intend to hold a HUGE garden party at the end of the year for pupils and staff, past and present. I will try and keep the village updated when we have more information on this event.

How is your school involved in village life?

Our children love singing and so always enjoy the carols during the switching on of the London Colney Christmas lights. We hold a stall at 'Larks in the parks', which I always enjoy, as it has helped me to get to know many other people in the village that I may not have met otherwise. Staff and parents have also generously given their time over the last couple of years to help raise money for local groups during the firework display. >>

Parish Council Events to June 2010

Litter Pick – Saturday 27 March – 11.00am

Everyone welcome, to come and help clean up the village. We start at the Caledon Community Centre, where you can collect your spring cleaning kit and join one of the groups as they head off around the village with litter grabbers in hand. We finish off at midday, with free refreshments back at the Community centre.

Larks in the Park – Sunday 20 June – 12.00 – 5.00pm

The big Summer Village Event. Bring your family and friends to Morris Playing Field, Whitehorse Lane. Have a picnic. We will supply the entertainment. If you would like to join in and have a stall, perform on the stage or in the arena, email: -projectmanager@londoncolney.com

St Albans Day Walk – Tuesday 22 June – 6.30pm for 7.00pm

Meet on the Village Green, in front of the Green Dragon Pub and join us for a walk through the Broad Colney Nature Reserve and the grounds of the Pastoral Centre, to the former Island in the Colne River, where St Alban is reputed to have been captured by the Romans. A short history of St Alban is read out and then we walk back to the Community Centre for refreshments.

Problems with your PC software?

Looking to set up a website?

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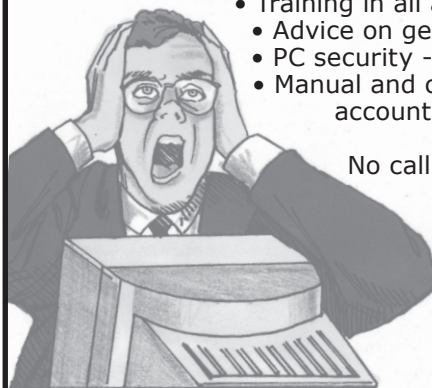
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No call out charges - References available

Call me, without obligation, to discuss how I may be of help.

Dr. John Hibbs (01727) 826183
johnhibbs@btconnect.com



The school has recently worked with Sainsburys, who have very kindly donated equipment to the school.

Where did you go to school and did you enjoy it?

I was raised in Harlow, Essex. I didn't enjoy school but this experience made me want to become a teacher all the more. We all came from families that were not particularly well off and there seemed to be a feeling within the school that we would not succeed. Therefore, in my final year at school, our 'Careers day' consisted of being taken on a tour of the local factory! During my career interview at school, I told my tutor that I wanted to be a teacher. He convinced me that this would not be possible and talked me into taking a Nursery Nursing course, instead of A Levels. It took me a long time to get the qualifications needed to become a teacher, as I had to pay to take my A levels at a later date. Now I have a Masters Degree! There were many other pupils at my school made to feel that they couldn't achieve their dreams including one close friend, Nihal, who is now a Radio 1 DJ! This experience has made me very passionate about helping children from all backgrounds to realise their potential and have the self esteem to go for it in life.

What part of your work gives you the most satisfaction?

Being with the children. Sometimes the phone calls and paper work can be very stressful but as soon as I walk out of my door, there is a child ready with a smile.

What do you enjoy doing when you are not working?

I love animals. We have 3 dogs, a cat and 4 Giant African Land snails. I also love spending time with my son, who is 12 years old and my husband. I really love reading as well.

Have you any unrealised ambitions?

None. If you want to go and do something, go and do it!

Tell us about something that gives you

pleasure.

Showing people around the school. We have done so much over the past couple of years that people who have visited the school previously are often shocked at the changes that have taken place. Visitors that are new to the school are always delighted with the children, they are a real credit to the school and make me very proud.

What television programme gives you the most enjoyment?

I love 'Strictly come dancing'

Is there anyone, either a well-known person or a friend or relative, who you admire and why?

I greatly admire my brother, who is two years younger than me. He has dyslexia and came out of school with no qualifications. However, he has a great passion for music and was signed to his first record label at the age of 14. He is now a music producer and a DJ. As a DJ, he has traveled the world!

Is there anything you'd like to tell the people of London Colney?

I would just like to say a big 'Thank you' to all of the people that have come over and said hello, over the last two years. This has helped me to feel a part of the village community and settle in to my role as Head Teacher. I particularly enjoy listening to the stories from past pupils of the school and I am always sharing these with my staff. I am really enjoying being part of the village community and still hope to be for many years to come.

What piece of general advice from your own experience would you give to a young/ old person?

Always go for your dreams.

If you could change one thing in the village/ world/ universe, what would it be?

For all children to live in a safe and happy environment with access to a good education.

The featured local Head Teacher in the Summer Issue will be Moira White of Bowmansgreen Primary School.

Environment Matters

Ken Bowes
Vice Chair, Parish Council

The work programme for this year's improvement of the footpaths in London Colney has been submitted and we expected to hear that it has been approved soon. We are also awaiting a response from the District on our submission under the cleaner district campaign, which should be with us within the next two weeks. Work on a number of small projects will commence once funding is agreed.

Pond Improvement

The Phase 2 work on the pond has been delayed by the bad weather as it was impossible to get estimates for de-silting the pond as it was frozen. However we have estimates for the tree work and will consult the residents of Colne gardens about the proposed work. The survey has so far shown that there are a number of elms which will need to be removed (Dutch Elm Disease) and two very large sycamores close to Barnet Road one of which is dead and the other in a very poor state. At present they are covered in ivy and this will be cut off at the base and allowed to die off so that the state of the trees can be ascertained more clearly. These will need to be removed at some point in the near future. Pollarding of the trees on the Colne Garden side is proposed at a height of 6 metres. All of this will have to be agreed with the residents and the tree officer at the

>>

District Council as the pond is in the conservation area.

New Trees and Shrubs

The work in the car park at the Caledon Community Centre has been authorised and the trees and shrub bed should be in place before the end of March.

Dudley Wood has been taken on by the Parish Council from Colney Heath. It is planned to manage the wood more effectively and improve the paths in this wood with the aim of joining them up with those in Coppice Wood.

Your Ideas...

We are open to all ideas for improving the local environment in the Parish and would welcome your thoughts on how we can continue to brighten up the street scene. So let us know what you think and get involved in the work. We can always use more help. My telephone number is 01727 825567 or e-mail ken.bowes@o2.co.uk. Hope to hear from you.

NEXT ISSUE

SUMMER 2010

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Articles should be sent to the editors c/o: Maria Aguado, 369 High Street, London Colney, AL2 1EA Tel: 823528 (phone manned evenings and weekends only) or e-mail: editor@londoncolney.com

The editors of this magazine rely on contributors for the accuracy of their articles. We regret that we cannot check all the facts, but we are happy to consider printing corrections if errors are brought to our attention. Whilst the editors endeavour to include all items submitted by the deadline given, pressure on space may sometimes mean that items will be held over for consideration in future issues and may not therefore appear in the current issue. Articles may be edited for length or clarity.



Silt filled pond in the conservation area between the Colney Fox and Colne Gardens

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London Colney Local History Society

Wally Vernon, Chairman

We are desperate to find somebody who would be willing to help us set up our computer system and also advise us with inputting our photograph's and files.

Forging ahead...

It would be even better to find one or two responsible people who might have some spare time to volunteer for the data inputting itself. Unfortunately, due to the charitable nature of The Society, we will be unable to give any financial remuneration, but I can assure you that you would find the job very rewarding, as you would learn a tremendous amount about the history of the village.

...with help

If you have lived in the village for many years, you will discover many photographs of people who are no longer with us and also many of the buildings that have since disappeared. If you are new to the village, you could take this as an opportunity to learn a great deal about the place that you now live.

Get the Bug

Hopefully you might even get the 'Local History bug' and help us with our continued research of 'the past' and the constant recording of 'the present' This is not a condition of the job!!

If you feel that you might be interested in helping us with our 'The Archives' or our research in anyway, please telephone me on 01727-822313. I shall be pleased to enlighten you with further details. Thank you for reading this plea for help,

World Wildlife

Dave Ansell

The cuckoo has been added to the 'Red List' of the UK's most threatened birds.

Their numbers have dropped by 30 percent in the past 12 years with only between 10 and 20 thousand breeding pairs now migrating from Africa, each year.

The reasons for the cuckoo's dramatic decline are unclear. However they rely on hairy caterpillars for food and numbers of both butterflies and moths have also declined over the same period.

Cuckoos are also notorious for laying their eggs in the nests of other birds, particularly meadow pipits and dun-nocks both of which species are also suffering a reduction in their numbers. The cuckoo is a slender, dove sized bird with a long tail, pointed wings and a small head. The upper parts, head and chest are blue grey with white, dark barred underparts. The females are slightly browner than the males and belong to different 'gens' or races each of which lays eggs of the same colour as the eggs of whichever foster parents that cuckoo favours. The eggs are then not noticed in the foster nest until it's too late.



Gardening

Anne Kitchener

As the New Year begins I eagerly await the first signs that flowers will soon be appearing in my garden bringing with them the colour which I have missed over the winter months. It is usually a race between snowdrops and primroses as to who will appear first. This year the prize just goes to a new small clump of primroses. Several clumps of snowdrops were hot on their heels and also a particularly adventurous crocus 'cream beauty'.

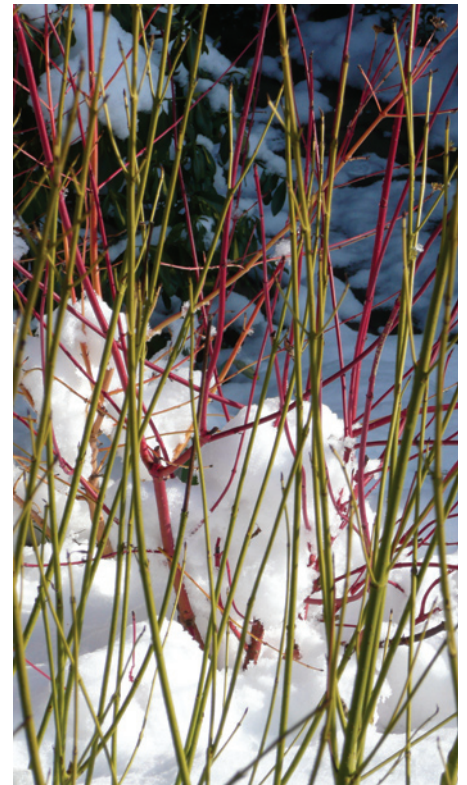


The native primrose, *primula vulgaris*, is a favourite of mine appearing early in the year and lasting throughout spring. They fill in the bare areas where later on perennials will appear and cover them over. I started out with just one pot from a garden centre and over the years have divided them and moved them around the garden. They also readily self seed. Once primroses have finished flowering in late spring or early summer they can be divided. After a few years a single plant will enlarge into a clump and will be ready for division. Once lifted, the clump can be carefully teased into single plants and those with a good root and a reasonable number of leaves replanted. I have found that it is best to replant in a shady area as they can

wilt under the summer sun and fail to establish. They also need to be kept well watered over the summer until they have established.

I have quite a few clumps of snowdrops around the garden. I like to have them near to a path and especially where I can see them from the shelter of the house on a cold winter's day. As the clumps enlarge and become congested, flowering can diminish, so every few years I lift and divide them. I have found that this is best done just after flowering to get the best results. I have also found that new ones are best bought in a pot in flower and then planted out. I do not always remember from year to year where they have been replanted, so I have a lovely surprise when they first start to appear the following spring. Another cheerful reminder that spring is on the way is the sight of a patch of crocuses as they open up for the first time on a bright sunny winter day.

To help brighten up dull winter days I am developing a drift of dogwoods in the front garden for the winter colour of their young stems. I have planted three different ones to give varying colours; *Cornus alba* 'Sibirica' which has bright red stems, *Cornus stolonifera* 'Flaviramea' which has bright green stems, and *Cornus sanguinea* 'Midwinter Fire' which has stems that are bright red at the tips changing to orange and yellow down the stem. It is the young stems which have the brightest colouring, so I prune them to just above



ground level in late March or early April to encourage more new young growth. These stems shine brightly in a low winter sun, especially with a snowy backdrop, and add welcome colour throughout winter. I have underplanted the dogwoods with snowdrops and yellow crocuses and these clumps are now beginning to develop looking particularly good against the green stems.

The snowdrops, primroses and crocuses will before long be joined by pink and blue pulmonarias, white arabis and yellow daffodils as winter moves into spring bringing with them a reminder that the garden will soon again be filled with colour and the dull days of winter will have passed.

VOLUNTEERS NEEDED

THE LUNCHEON CLUB AT
THE CALEDON COMMUNITY CENTRE NEEDS VOLUNTEERS
TO HELP SERVE DINNERS ON TUESDAYS AND THURSDAYS
BETWEEN 12 AND 2PM
DUTIES INCLUDE SERVING, CLEARING AWAY
AND LIGHT KITCHEN DUTIES
THIS IS A GREAT OPPORTUNITY TO MEET NEW PEOPLE
WHETHER YOU'RE NEW TO THE VILLAGE
OR JUST NEW TO RETIREMENT
TRY OUT A LUNCH AND YOU'LL SOON SEE IF YOU'D ENJOY
HELPING OUT TOO

Internet Security

Vladimir Jirasek

We all hate viruses. So when doctors tell us to get a jab we usually follow the advice. What if someone else, not a doctor, told to get a preventive jab and tried to sell you it on the street? Would you buy it and use it? I guess not!

It's a virus...

Computer viruses work the same way. They are here to attack us and steal our money and we need to fight them by using proper antivirus software. But would you buy such software from some dodgy person you have never met? Unfortunately this is exactly what many people do.

There have been a number of incidents where a computer virus presented itself as a legitimate anti-virus software. When users accepted the offer they got rogue software installed on their computer. This then demanded a ransom to clean their computer. On some occasions such

software rendered all user's precious documents and pictures unusable. Users must pay or never see their documents again!

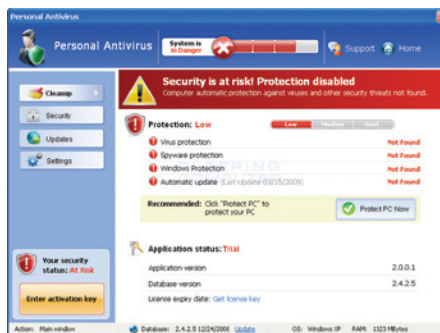
One of the examples of such software is Personal antivirus (see the picture below)

I have seen this one on several computers. Users were pressured to install it when browsing some internet pages.

Don't click now!

How can you protect yourselves? The best way is to never click in a popup window that appears when browsing the Internet.

Next best is to run a reputable antivirus software. How do you know which one? There are some free



options, and we all love free stuff, don't we?

Freebies

Option one: If you run a Windows operating system XP, Vista or new Windows 7 you can download, free of charge, Microsoft Security Essentials from this link http://www.microsoft.com/Security_Essentials/. I think this is the free option for all Windows users. This new software will not distract you with excessive messages and still protects your computer from nasty stuff.

Option two: If you bank with some high street banks, you can use their offer for all on-line customers. One offers Kaspersky Internet Security 2010, which has received outstanding reviews. It even helps to protect your kids on-line by setting what pages they can access. Another offers McAfee Virus Scan plus, also very good software. Finally, if you buy new computer, it usually comes with a trial license preinstalled for 3 months after which you are asked to pay annual subscription fee. I advise you to consider the options above before you take your credit card from your wallet.

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Community Officer

Simon Niemiec

It's been a very busy few months as I have settled in to my life at the Parish Council. There have been plenty of events to organise as well as the day to day running of the community centre. There was a fantastic turnout for the switching on of the village Christmas lights with the centre piece being a splendid tree on Chester Gibbons Green where we saw performances from Leigh Casling and some of the cast of the St Albans and London Colney Pantomimes. The Parish Council would also like to thank Mark Bilsby for compering the evening.



Christmas Eve at the Caledon Centre was very busy. Tom Eagles and Mark Lomax played an acoustic set, and the bar looked great after its recent coat of paint. It was also great to see so many faces in the bar on Christmas day as we opened up for 3 hours to the members. I must say a big thank you to Chris Flynn for giving up his Christmas morning to open up and do the first hour behind the bar.

Meals

The Christmas lunch club was sold out with 50 local residents attending the Caledon Centre where they



enjoyed a 3 course dinner for £5. Many thanks to all the volunteers who helped out on the day in the kitchen and bar. We now run a lunch club twice a week on a Tuesday and Thursday from the Caledon Centre from 12pm – 2pm. No booking is needed, just turn up and you will be able to have a 3 course meal for only £3.50. In addition, we have now started a Sunday dinner service which is also a 3 course dinner for only £5 and children under 8 years old eat with their parents for just a pound.

Meals on Wheels service still managed to deliver every single day, even in the thick snow. This is down to an excellent group of volunteer drivers who braved the conditions to make sure the elderly and vulnerable still received their dinners every day. Since taking over the running of this service to the village I have been so impressed by the dedication of everyone involved in the Meals on Wheels team and continue to be amazed by their commitment and devotion.

>> 10



New Year

Well what can I say about New Years Eve at the Caledon Centre? It was huge, and probably the business place in the village and certainly the hottest ticket in town! We accommodated over 300 people in the members bar and the hall where we had a 60's themed night with a Beatles tribute band who played 3 sets with costume changes and took us past midnight with a special Beatles rendition of Auld Lang Syne. Someone even said they hadn't seen it that busy since >>



Burns Night

We held our annual Burns Night Supper in the function hall at the Caledon Centre on January 30th. It was an even better event than last year mainly due to Piper Mark Bissett who hosted a fabulous evening's entertainment where a 4 course dinner was served, followed by some very good bagpipe playing accompanied by a drummer. The night was rounded off with a disco. We have already booked Mark again for next year.

Future Events

Looking to the future we have an 80's night at the Caledon Centre on March 6th. The main event for that will be a 7 piece live Madness Tribute band and tickets are already flying out of the office. If you are interested in coming then please contact me at the

the 70's. The atmosphere that night was electric and I thanks all those who called me in the days after to say what an excellent time they had and when the Beatles might make another appearance. I am trying to get them back for the summer so watch this space! I think its events like this one that people can see what we are trying to achieve at the Caledon Centre and that where entertainment is concerned we want to be leading the way in the village.

office on 01727 821314. Tickets are reasonably priced at £10 each and we will have the usual bar promotions on the night. I am also in discussions with several other acts for this year so look out for the posters and banners around the village. We will be having The Who, Rolling Stones and U2 tributes this year as well as a 50's night with several singers impersonating legends such as Frank Sinatra, Dean Martin and Sammy Davis Jr.

Well that's all for me this edition, hopefully I will have much more news for you next time and as I have said before, if anyone would like to discuss anything with me then feel free to pop in to the Parish Council offices in Caledon Road where I will try to help you if possible with any queries you might have.

Pastor Breaks Elbow in Late Night Trip

Peter Laws



I broke my elbow recently. I'd like to say that I did it under heroic circumstances. Leaping out to save a pensioner from a speeding bus. Diving down stairs to break the fall of a tumbling baby. But no, what left me with a throbbing right arm was clumsiness, not courage. I was going

to check on my 16 month old daughter in her cot and made a decision which sounded so sensible at the time and yet has since been revealed as just plain stupid. I didn't switch any lights on.

No lights...

That way, I thought, I wouldn't disturb her too much. Problem was, in the darkness I bizarrely forgot we owned a stairgate to keep the little one from falling down the staircase. So in the darkness I walked straight into it and the whole thing collapsed. I fell forward, slapstick style, and hit the floor with both arms outstretched ending in a gasping heap on the landing. To be fair, my wife didn't realise how bad my fall had been at first, hence her laughter as she found me. Pretty soon, we realised that it wasn't as funny anymore. I couldn't use my right arm fully for a few weeks. No driving, no picking up our daughter. I couldn't do my share of the cooking and cleaning (yeah, I'm one of those modern men). I got a chance to be waited on sometimes which was nice...but mostly frustrating.

Yet the human body is amazing. The speed at which broken bones can knit

themselves back together is remarkable. Take a pencil and snap it in two, and you'll have a long wait if you want to see them join themselves again. Yet the body can take that which is broken and re-fuse it together. It's been just three weeks and I'm driving again, cooking meals and pushing a Hoover. One or two more and the Doctor said I will be completely healed.

...Lights

The Bible understands fractures. It talks about a break that affects every one of us. In the beginning God and human beings were at one with each other until we decided to go our own way. Who needs God when we can make our own decisions? We've all done it. Yet the Christian faith teaches that when we relegate God to the back seat it spiritually affects us. We end up disconnected from him. An invisible barrier appears. It's like He's a million miles away. He turns into some theoretical presence or a just nice idea, or even feels like a delusion. Yet the Christmas and Easter accounts (notice I didn't say stories) tell us that God wasn't content with this fractured relationship with humanity. He wants to knit us back together again, to make us what we were and can be again. So that we can have a living breathing relationship with God.

If you feel like you and God are disconnected, I've got some news that might intrigue you. He wants to re-connect with you again. He won't force it. But when those two elements come back together, you may find the breaks in your spiritual experience, healing again.

If you'd like to find out more then why not join us for our morning services Sundays 10:30-11:30am. Visit our website www.lcbc.ik.com for more info and for audio sermons via our podcast. Email: jplaws@ntlworld.com or phone (01727) 825450. For other events such as our Parents and Toddler Group and Free Legal advice see the Diary section in this magazine.

Snow Joke

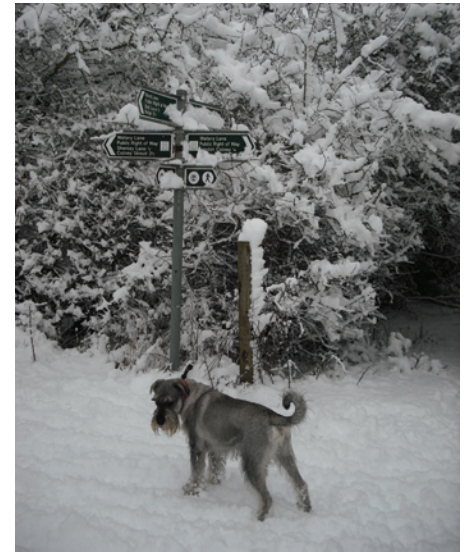
Ken Peak

Well, we have just had the Worst Winter for thirty years, they say; so anyone younger than that will just have to guess what 1963 or 1947 was like! I do remember it, actually - but I don't recall as much chaos on the roads as we experienced this time! Perhaps we need more practise in ice-driving and skid control, because more trouble was caused by prangs than by modest gradients where tyre-grip failed. Of course, there could never be enough salt/sand for spreading everywhere - so all yellow bins ran out, and we could not then help ourselves on side roads unless kind people hacked the snowfall away. Why were teams of recidivists not out in force clearing streets, if not their names? And if helpful residents did remove slush from outside their homes, why quibble that they may be legally liable for an accident to another party? Surely, this recourse is more likely if no action was taken to improve pedestrian conditions? Then again, with vultures for lawyers, what do we expect these days??

Which Way Monty?

Yet the snow-scenes were quite lovely, and cameras were much in evidence all around the village. There were dramatic views in all directions that will become treasured memories of people with snowmen and sledges: just don't photograph any children or some kill-joy will make snide comments! The soft whiteness enticed many from virtual hibernation to

trudge the tracks across rural fields, or to feed the desperate ducks by the river, and this created a pleasant feeling of goodwill towards other walkers. My picture shows Monty waiting for directions at the Blind Lane signpost,



The snow thawed to reveal the ugly sight of scabby roads strewn with all manner of detritus, like a river after a flood. A dismal mess made worse by lack of refuse-collecting services - and the fact that some people do not care how they dispose of their rubbish, nor where they leave a car. How soon the nice side of human nature melts away with the snow! So will YOU help with the Spring Clean-Up this year, when dates are advertised? We can then exert some moral pressure on the Highways Departments to get our roads improved, provide better parking, and clear blocked gullies-if only we are determined to show more pride in our home village! "If Winter comes - can Spring be far behind?" We can discuss Global Warming in the Summer -, with our gloves off!

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Womens Institute

Sue Oakley



The London Colney WI meets each month in the Baptist Church Hall in Kings Road. They are always glad to welcome new members and have an interesting and varied programme of events.

- 9th March** Freelance Design - Anita Cutler
Competition: A Stuffed Toy Made By Me

- 13th April** Just a Sharp Scratch - Duncan Wells
Competition: My Own Youthful Remedy

- 11th May** Resolutions Meeting
A fun evening of Bingo with prizes
Competition: A favourite brooch

- 8th June** Tiller Girl to Vernon Girl - Sheila Parker
Competition: One Rose in a Vase

- 13th July** Birdwatching Bug - Richard Pople
Competition: Pretty Feather

Healthy Breakfast

Jacky Potter

Children from Bowmansgreen Primary school, together with their families, were invited along to Willows Farm recently to celebrate National Farmhouse Breakfast Week (25 – 29th January).

Alongside family and staff, Year 4 children tucked into a traditional farmhouse breakfast with enthusiasm, enjoying the homemade sausage, scrambled egg, bacon and beans, starting with cereals and finishing with toast.

Local produce

Indeed, one farmer had brought the milk, another the eggs and the bread

was baked on the farm at Willows. Farmers and the National Farmers Union in Hertfordshire were on hand to talk to the children and their parents about the importance of the first meal of the day.

The children had a fun time completing a quiz about where their breakfast food might come from.

Local wildlife?

The children walked down through the village to the farm and back, along the River Colne; thoroughly enjoying the wildlife, especially the reindeer and wallabies! This helped them work up a really healthy appetite and keenness to find out about, and enjoy eating a hearty breakfast. All great from a sustainability perspective, and demonstrating our commitment to reducing our carbon footprint!



Children from Bowmansgreen School enjoying a healthy breakfast at Willows Farm in January



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Which Magazine?

Maria Aguado, Editor

This issue of the magazine is the last of three planned trial issues of the magazine with a large colour format. Some of you will wish for the return of the old, A5 size, black and white version with a yellow paper cover while others might like the more modern feel of the A4 colour version.

Pros...

- I have enjoyed the challenge of editing the new magazine. Full colour gives me an opportunity to use more of the excellent photographs I am offered and seems to be preferred by advertisers.
- The small format we used previously would not allow for full colour printing throughout as the thicker paper needed for colour means that centre pages get trimmed too close to the edge at the centre of the book. This phenomenon has a proper name in the printing industry - creep.

- I have found myself unreasonably pleased by the 'professional' look of the new magazine - we non-professionals are easily impressed perhaps.
- It's hard to believe but the cost of producing the magazine is still almost entirely offset by advertisers, leaving the council with a bill for delivery just as before.

...and Cons

- The problem with the 'professional' looking Parish Magazine is that many of you mistake it for promotional literature - it's possible that more than a few magazines have gone straight from letterbox to recycling without being read.
- It's also said to be inconveniently large and no longer contains local phone numbers in every issue so there is less incentive to keep it by the phone.
- Hard to post through letterboxes.
- The small format magazine was less tricky to edit as I could easily find content for another couple of small pages if I was offered more adverts or articles than I had planned. The new style magazine must have a fixed size

since so much copy is required each time the size is increased.

- Perhaps the most persuasive 'Con' is the least tangible. The little yellow book had gathered a following over its 25 years. People expected it to arrive and enjoyed it because of its slightly dated feel. The booklet format made it seem more like a gift - readers felt they were being given something. The new glossier format has something of information leaflet, advertisement, even propaganda - more 'meant to be good for us' than a gift.

What do you think?

Should we push on with the new? It's a good quality, modern publication full of useful, interesting, community building articles. Very few communities get anything this good. You will get used to it - give it a chance! Or return to the little yellow book? With the directory in every issue and perhaps a few colour pages. Phone the Parish Clerk on 01727 821314 or send a comment to me, the editor, from the magazine website. <http://www.londoncolney.com/contacteditor.php>



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I look forward to hearing from you.

Judith Magg

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From St Peter's

Rev'd. Lynne Fawns

I had the great pleasure of visiting the Grand Canyon some years ago. It was quite an arduous 5 hour journey by coach but even more difficult for the Texan woman sitting behind me. She explained that she wasn't well and found it hard to breathe but she so wanted to see the Grand Canyon and this was the only way. Things didn't get better when we arrived at the Grand Canyon because the coach park was about 300 yards from the rim. Not only was this breathless woman going to have a walk up-hill to see her view but we were 8000 feet above sea level so that too was going to compound her breathing problem. Well, some of us on the coach decided to walk with her and help her when needed and slowly but surely we saw the view opening up before us and as it came into full view, we just gasped. For the next hour she just sat on a bench looking out, bathing and basking in one of God's great wonders. Speaking to this woman on the way back she told to us that all the difficulties along the journey were worth it, just to experience such wonder and for her, a unique closeness to God. She slept peacefully for most of the journey back.

Well, you could say "Journey" is the theme of St Peter's life this year. At this moment we are journeying through Lent and through prayer and bible reading considering very seriously our spiritual life. Then in Holy Week we will be taking the difficult journey alongside Jesus to the cross through to the glorious event of the resurrection. Many aspects of our journeying through Lent, Holy Week and Good Friday will be difficult, but like the Texan woman who made the difficult journey to the Grand Canyon, worth every minute for the peace, joy and the new closeness to God it will bring. Do please come and join us for any of the groups or services.



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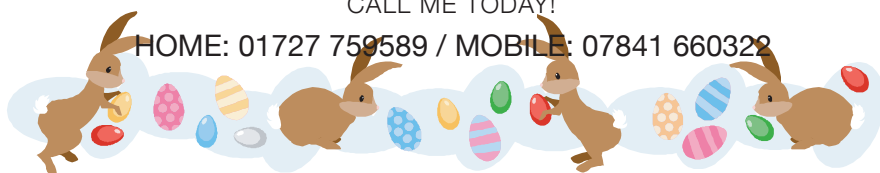
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St Peter's will also be making the journey of transformation where our building is concerned. As many of you know we have been taking the journey of fundraising for the last couple of years and after the service on Easter Sunday we will begin the physical work of transformation as the contractors prepare to move in. This has not always been easy for us as we love our church building but in order to meet the demands of a new 21st century congregation and deal with urgent repairs (one example being the collapsing floor) it is a journey we have been called to make. I'm sure once the contractors have moved in and we begin the fundraising for seating it will become even more difficult but again, like the Texan woman it will be a journey that will result in transformation. Please note that whilst the building works are in progress, St Peters Parish Church is still open and all services will take place in our lovely Parish Centre.

I know that many of you have taken some very happy and indeed sad life journeys and I have been very privileged to walk beside some of you at those times. So, we know that journeys are rarely straight forward – and sometimes even uncomfortable...yet sometimes they must be undertaken if we are to truly experience those moments of transformation. As with my Texan woman, sometimes we need the help and support of others. If you would like to come and join us or support us on any of our journeys through Lent, Holy Week or our through our building works then do come to one of our services or contact me. Please remember that you can support us through your prayers. So, please do pray for us as we journey onward, in the knowledge that God always hears and answers our prayers.

St Peter's Services for Good Friday to Easter
 Good Friday 1pm
 Holy Saturday..... 11.30pm Candlelight and the First Holy Communion of Easter
 Easter Sunday..... 10am Holy Communion



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12 Short Walks

Rosemary Wenzelul and Pat Blake

For many years, on the morning of the second Thursday of the month, there has been an organised walk in Bricket Wood (which my colleagues and I now lead). Because we walk quite a bit, we thought it would be a good idea to document them, so people, who were working or retired, could walk at their leisure. In addition, when looking for very short walks for other groups we lead we could not find any walking books with more than one or



two walks (out of say 24 walks) which were less than 5 miles. It took a lot of work to document all the walks, as they had to be on recognised footpaths. It is possible, if you wish, to make them longer by joining some of them together.

Our other reason for wanting to publish this book was, due to the vast amount of coverage by the media regarding obesity and the lack of exercise in both adults and children, we felt that perhaps we could help by producing a book of short walks in order to encourage those people who do not normally walk to get out and enjoy their surroundings and to achieve a healthier lifestyle and gradually build up their walking abilities.

Health and Happiness

The walks are between 2½-5 miles long and have been tried and test-walked by local volunteers. Walking is good for your health and of course it is one of the few exercises taken at your convenience, without a joining fee or any other cost. Whether you are walking for health, walking your dog or just taking an evening stroll, we hope this book will help you and your family discover the woodlands, farmland, plant, animals, insects, fungi, ponds and rivers in the area.

How to...

How we went about organising the book Pat and I spoke to the Chairman of the Bricket Wood Residents' Association (who is also the Chairman of the Bricket Wood Society) to find out if he knew of how we could get this book published. He was very interested and so too were the BWRA/BWS Committees. They agreed to publish and underwrite the book but felt additional sponsorship would be helpful. We, therefore, contacted local organisations and businesses who were more than happy to support us.

Join Us

The Hertfordshire village of Bricket Wood is in the Parish of St. Stephen and is situated between St. Albans and Garston, off Junction 6 of the M1 and Junction 21A of the M25. Bricket Wood Station is on the Abbey Line and runs from St. Albans to Watford.



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Royal British Legion Women's Section

Beverley Crofts



The Royal British Legion Women's Section have been meeting fortnightly in the village for nearly 80 years raising money to provide care and support for the Ex-Service community and their dependents.

Membership is open to all women over the age of 16 years, new members are always welcome and needed to enable us to continue to raise funds to help those less fortunate than ourselves.

Our Motto "SERVICE NOT SELF" is a relevant today as it was in 1921 when our organisation was formed.

Our meetings are held in the lounge

of the Village Club, St Annes Road commencing at 7.45pm, where we have interesting speakers, suppers, sales, games, competitions etc. New ideas are also welcome for discussion. Members also have the opportunity to attend County and National Conferences, the Festival of Remembrance and other events both locally and nationally throughout the year.

Our annual subscription for the year 2009/2010 is just £6.20 plus £1 joining fee.

Programme of Events

Our programme for the next quarter is...

- | | |
|------------|--|
| 11th March | To be advised |
| 25th March | Mrs B.Todd,
Chairman R.B.L.W.S.
Hertfordshire County |
| 8th April | Discuss National
Conference |
| 22nd April | Quiz |
| 6th May | Faith supper to
celebrate our 79th
Birthday |

- | | |
|-----------|---|
| 20th May | Grannies Attic
Auction
(auction of small
items of Bric-a-Brac) |
| 3rd | JuneSpeaker from
Good Neighbour
Scheme |
| 17th June | To be advised |
| 1st July | Speaker on Crime
Prevention |

We are also holding a Quiz Night on Friday 21st May. Open to all, come along as a team or join a team on the night. Tickets will be available shortly. Further details available from our Secretary Miss Beverley Crofts on 01582 763736

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Commonwealth War Graves in St Peter's Churchyard

Ken Peak

Proceeding along the High Street in the direction of the River Colne, one cannot help noticing our local War Memorial, a few yards beyond The Golden Lion public house. This familiar monument bears the names of London Colney men who served in the armed forces during two world wars - 52 names from 1914-1918, and 20 names from 1939-1945.

These seven graves are maintained on behalf of the Commission by a local resident, Ted Turner, who was appointed Custodian for the project in March 2008, when new roses were planted, together with large white crocus and multi-coloured Dutch iris. The headstones are thoroughly cleaned several times each year, depending on their condition, surrounding grass is mown regularly and edges neatly trimmed.

Lovingly Maintained

Ted, who has lived in this village since 1950, comes from a military background, having served in the RAF from age 16 (1937-39) then serving in the Army during 1944-48 as a training instructor: before joining aircraft

builders Handley-Page Ltd at Radlett aerodrome. He retired in 1986, and is now in his 89th year!

In October 2009, Ted received a letter from the Area Supervisor (Eastern Region) of the War Graves Commission, in which he said "During my recent visit, I was very impressed to find all the war graves were immaculately maintained and in pristine condition. I can say that without question these are some of the best-cared-for graves that I have visited, and they compare very favourably with those found in France and Belgium. Many thanks - please keep up the good work" (signed by) Alan Dracup, Area Supervisor, WGC Eastern Region.

Relax or Help

If you would like to spend some Quality Time in complete relaxation this pleasant churchyard is the place to find it. Take a seat and watch the wildlife, enjoy the aerial antics of the resident squirrels as they forage for chestnuts high in the tree branches, or study the birds passing through. For the more conscientious person, why not offer to take part in some of the other mundane jobs that crop up now and then? You'll be rewarded by the personal satisfaction of knowing that you have made a small but important contribution to the upkeep of St Peter's churchyard, for the benefit of all who care to visit this spot.



Buried Here

Included in this list are seven men who were laid to rest in the cemetery of St. Peter's Church at Riverside, and sponsored by The Commonwealth War Graves Commission, having lost their lives due to enemy action, or dying whilst on active service. They are: - (WWI) Private W.R. Pegrum (Royal Army Ordnance Corps) (WW2) Sapper L. Cruddas (Royal Engineers) Sgt J. Cook (RAF Wireless Operator/Air Gunner) Sgt A.E. Perry (The Pioneer Corps) Gunner J.T. Catlin (Royal Artillery) Stoker W.J. Carter (HMS "Royal Arthur") Sgt C.A. Waller (Grenadier Guards) their ages ranged from 19 to 34 years...



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Landshare

Jon Daniels
 MSc. Architecture: Advanced
 Environmental & Energy Studies

Hi, my name is Jon and I lived and grew up in Suburban North West London, a couple of years ago I moved to London Colney and at the same time studied for a Masters in Environmental and Energy studies. It dawned on me that I didn't know how to cook and or where my food came from. Since watching food programmes by the likes of Jamie Oliver and Hugh Fearnley-Whittingstall I have started to look at ways that I and the community around me can change their habits and approach to food and energy. This article is about growing your own food and specifically an idea called Landshare.

What is Landshare?

With allotment waiting lists massively over-subscribed and people right across the country keener than ever to grow their own fruit and veg, the aim for Landshare is to become a UK wide initiative to make British land more productive and fresh local produce more accessible to all.

Why get involved?

- Save Money

Growing you own food saves you money. I purchased a White and Purple Wight garlic bulb for a couple of pounds a few weeks back. I now have twenty-four young garlics that have sprouted and ready to consume in a matter of months. That is a pretty good return. We spend over seventy per cent of our weekly food budget in the large supermarkets, whilst they are entering a price war at the moment, food prices have been going up in recent months, and have gone up massively in the last decade. The reason for this is the close relationship between food and oil prices. The herbicides, pesticides and transportation costs to get your food

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in good condition from farms into our local supermarkets require plenty of energy. With North Sea oil & gas running out we are ever more reliant on overseas oil and the fluctuations in those prices. Growing your own food allows you to be less dependent on these price fluctuations and saves a few pounds at the same time.

- Healthier Food

Growing your own produce not only saves you money on your food bills but it also provides you and your family with healthier food. A report by London Metropolitan University in January said that a quarter of four year olds are obese and this rises to a third by the time they are eleven. Growing your own veg and using the landshare scheme if you do not have access to your own plot will help

combat this if you have kids, but also improve your own diet. Imagine being able to pick your own berries in the summer and make your own soups in the winter, which will keep for days.

- Carbon Footprint

Why not help reduce your carbon footprint by growing some of your own veg? If you go to the end of London Colney and look down onto the M25 you will see truck upon truck scream by carrying food all around the country and bringing it in from further abroad. My mum still buys fine green beans from Kenya, American blueberries and Mangos from Costa Rica in the winter. Why not enjoy the bountiful seasonal produce that is available at this time of year? Many of these such as Parsnips, Jerusalem Artichokes and Carrots are easy to

grow and make gorgeous and quick winter soups. Here is a chance to grow some of your own local and seasonal veg and doing your bit for the environment at the same time.

Community

I think Landshare is a great way to bring members of the community together. I am sure there are people who remember digging for victory, who may not be physically able to garden anymore, but could definitely pass on plenty of growing advice in exchange for a few carrots. It is also an excellent way of getting your kids involved with where their food comes from, from an early age. I for one grew up not knowing what many foods were and when they are available in the UK. Anyone who has tasted a British strawberry in the summer and then one that has been imported in the winter can taste the difference. Gardening is also a great way of getting in some exercise. You don't need to go to the gym for a decent work out.

How to use Landshare

Go onto the Landshare website, or get someone else to do it for you. Sign up as a grower, a landowner (you can offer your land in return for produce), a land-spotter (if you've got your eye on a fertile patch) or a facilitator (to support elderly or other landsharers who need a bit of help). If you have already found a group of fellow growers you can register as a group. Then it's a question of waiting and checking to see if you find others to help bring together land owners, growers and helpers.

I for one can testify to this project. I typed in the postcode where I live, found someone with a back garden he was willing to share. We met up a few days later and I am now preparing the land to plant garlic, Jerusalem Artichokes and broad beans.

Join Landshare here...

<http://landshare.channel4.com/>



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LONDON COLNEY
Children's Centre

Alexander Road
London Colney, AL2 1JG
Telephone: 01727 822196
julielannon@lcnursery.herts.sch.uk

Timetable of activities for spring 2010 Also running through the school holidays

Day	Time	Activity / group
Monday	9.15am - 11.15am	Parent & Toddler drop in group For 0 - 4 years Lots of toys and lots of fun
Monday	1.30pm - 3.00pm	Bumps & babies Expecting a baby or have a new arrival.
Tuesday	9.10am - 10.15am	Come along and meet other parents Well child clinic - Baby weighing and Health Visitor advice
Wednesday	11.00am - 12.30pm	Baby massage These sessions must be booked
Wednesday	12.30pm - 2.30pm	Friendship group A group for our Bengali parents
Thursday	9.15am - 11.15am	Childminder support group A group for registered childminders to meet with their children
Thursday	2.00pm - 4.00pm	Well child clinic - Baby weighing and Health Visitor advice
Friday	9.15am - 11.15am	Under 2's playtime - A stay and play group for the under 2's
Saturday	10.00am - 12.00pm	Dad's group - once a month; 27 March & 24 April

- ☺ Offering services to families with children aged under 5 years
- ☺ Parenting courses available
- ☺ First aid courses available
- ☺ Toy library coming soon
- ☺ If you are looking to return to work or education come along and see us
- ☺ Would you like to know if you are claiming the right benefits?

Phone or text Julie or Helen for more information:
Julie 07825933809 / Helen 07825933810



I Thought It Looked Dodgy!

Peter Yexley

At a recent meeting with our local police sergeant, Mark Andrews, I posed the question; "What could Neighbourhood Watch do to help our local police team?"

I expected a variety of responses but the answer I heard was not what I anticipated – "report suspicious activity" said Sgt. Andrews. Just three simple words.

We do ... don't we? Actually we don't. When a crime has been committed and police are investigating they may call upon residents nearby and ask if they saw anything suspicious. Surprisingly the answer is all too often that they did see something and thought it was a bit dodgy, but didn't want to waste police time as they might be busy.

There are countless crimes that could have been prevented or indeed caught in progress had someone who thought "it looked a bit dodgy" reported it to police.

Do Not Disturb?

Let's not worry about disturbing the police and be more concerned about disturbing those committing crimes. Some people don't think twice about calling the fire brigade out to a cat up a tree, so why are we worried about wasting police time? The truth is, we are not wasting police time and they would genuinely prefer be called out based on someone thinking they are witnessing something out of the unusual.

Equally they would be happier to come out to a call from someone who feels that something is not quite right, rather than having to investigate a crime that could have been prevented had that call been made at the time. Even if it is a false alarm – you are NOT wasting police time. Don't judge whether it is important, call the police. They will not judge you for calling with real concerns.

Emergency Numbers...

You have three options, the new 112 number; the good old fashioned 999 or local non-emergency number. Don't be afraid of using 999 – if a Crime is in progress or about to happen or there is a risk of serious damage to property or indeed a person is or has been injured, don't hesitate to call 999.

What about 112?

112 is the new emergency number for the European Union. It has call centres in every country, and allocation is the same as the 999 service. If you are abroad and require emergency assistance, dial 112 and there will be someone able to speak English. 112 operates on a different frequency band to 999. If you are using a mobile, and don't have any signal, you will not be able to dial 999, however you may still be able to dial 112.

and not so urgent...

Hertfordshire Constabulary has a number for all non-emergency calls 0845 3300 222. Write it down, programme it into your phone, keep it handy.

When you call, you will hear a short crime prevention message before being put through.

Use the non-emergency number:

- to speak to a police officer or member of police staff
- for a general police enquiry, advice and information
- to report an incident or a crime that has happened (not an incident or crime in progress as this should be a 999 call)

Community Priorities

What are the police priorities in London Colney?

You and I...and all our neighbours have a say in this, it is us, the residents that work and live in London Colney that can tell the police what our priorities are.

Recently, Hertfordshire was one of only three forces graded as "exceeding national standards" for citizen focussed policing by Her Majesty's Inspector of Constabularies. The local community priorities for London Colney & Colney Heath are:

Youth nuisance and Anti Social Behaviour in Norris Close, Napsbury Estate. 1600hrs-0100hrs 7 days a week

Anti Social Behaviour, in particular the nuisance use of vehicles and fly tipping in Barley Mow Lane and Tyttenhanger Green. At all times day and night, 7 days a week.

Anti social behaviour in Haseldine Road, London Colney between 1800hrs-2300hrs 7 days a week.

Disagree?

Contact Me

The priorities have been agreed through local meetings and consultation. If you wish to comment on these priorities or feel they do not address areas which matter to you then please contact the local police team on 01707 354192 or myself, the Neighbourhood Watch Ward Co-ordinator for London Colney on 01727 825999. Crime in London Colney is down, let's get it down further.

Nick Morgan - Home Maintenance

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Nature On Your Doorstep

British Naturalists Association

Want to discover more about the flowers and insects on your doorstep? The next meeting of Herts Branch of the British Naturalists' Association (BNA) to be held not far from London Colney will be held on Sunday 18th April. Meet at Coleman Green at 10am for an all-day walk looking at the flowers and insects of spring. Bring a packed lunch, field guides if you have them and binoculars - and of course wear sensible outdoor clothing. The meeting is free and families are welcome. If you cannot stay all day, don't worry, tell the leader and he will point you in the right direction, but an Ordnance Survey map showing footpaths would be handy.

For more information about BNA and a current programme, call Chris James (Secretary, Herts Branch) on 01462 742684 or send an email to

NCT Nearly New

Wendy Powell

The National Childbirth Trust are holding a Nearly New Sale At: Nicholas Breakspear School, Colney Heath Lane, St Albans AL4 0TT

- Fantastic Bargains
- Baby Equipment
- Spring & Summer clothing (Birth – 7 years)
- Maternity Wear
- Toys, Books & DVDs
- Non-members welcome
- Large hall & loads of parking
- Sorry – no buggies allowed
- Admission: minimum £1 donation (in aid of NCT Charity)

For more details visit www.stalbans-nct.co.uk or e-mail general@stalbands-nct.co.uk Tel: 0844 243 6276 option 2



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If I have forgotten something please ask!
Phone Mark for free advice and a quote on...
01727 767473 or 07961 892 671



"Learning through play"

Paperchain is an established pre-school for 2 year olds which opens from 9.30 to 12pm, 4 days a week (not Wednesday). We have been independently accredited by Hertfordshire County Council and received 'Good' in all areas in our recent Ofsted inspection.

'Over 3's are free'

Limited places available immediately
Please call Caroline on 07876 795073 to avoid disappointment!
Waiting lists now open for 2010 and 2011

Park Street Camera Club

Rosemary Wenzelul



We are nearing the end of our photographic year as we come up to our Easter recess. However, on 4 March we have our Projected Image of the Year Competition followed on 11 March by our Print of the Year Competition. Both of these competitions will show visitors some of the best images we have produced over the year, so it would be well worth a visit. We re-start our 2010-2011 Club Year on Thursday, 15 April 2010 with the first of our Open Print Competitions. If you decided, having visited our club, to join, this would be the ideal time to do so as you would not miss out on any of the Competitions and could enter your prints into the above Competition on the 15th April and/or Projected Images the following week. Membership details may be seen on our website. If you would like to come along one evening as a visitor, you will be more than welcome (there is no pressure to join) we meet at 7.45pm for 8pm start, each Thursday at St. Stephen Parish Centre, Station Road, Bricket Wood.



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Contact Barry Stevens 08000 234 978

www.homefocusltd.co.uk | enquiries@homefocusltd.com



Visit
www.willowsfarmshop.com
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0870 129 9718

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